

Sample of the CBL objectives for each lecture

Common Illnesses & Diseases of Young Children

Outcome learning objective:

- To identify current common illnesses & diseases of young children in HK preschool settings
- To describe physical & psycho-social characteristics of common illnesses & diseases that young children have suffered from
- To explain and discuss the causes of common illnesses & diseases in young children
- Based on the model of child health development, use the care-processing sheet to provide a set of holistic care for the case (PBL-scenario), including the child, family and the school – (group work)

Nutrition, Food & Diet for a Growing Child

Outcome Learning Objectives

Recap: essential nutrition for a growing child

- To understand the importance of nutrition for a growing child
- To describe various growth problems of children who suffer from a malnourished diet
- To explore some feeding/eating issues which may be faced by a growing child raised in contemporary living styles
- Based on the child health developmental mode, use the care-processing sheet to provide an account of holistic care for the case from the PBL-scenario, including the child, family and the school

Obesity of Preschool Children

Outcome Learning Objectives

- To understand the emerging public health issues of childhood obesity worldwide
- To define and measure childhood obesity
- To describe the possible causes of childhood obesity
- To explain physical & psycho-social problems of overweight/obese preschool children
- Use the care-processing sheet to provide a holistic care plan for the case from the PBL scenario, including the child, the family and the school

Oral Health of Preschool Children

Outcome Learning Objectives

- Based on the 2001 DH report, to summaries oral health issues of young children in HK
- To describe the importance of oral health of a growing child
- To identify some current solutions/practices provided to promote young children's oral health in preschool settings in HK and discuss its appropriateness and effectiveness
- Use the care-process sheet to provide a holistic care plan/action for the case from the PBL scenario, including the child, family and the school

Mental Health & Wellbeing of Young Children

Outcome Learning Objectives

Recap: Emotional development of a growing child

The Maslow's hierarchical human needs in relation to mental health of a growing child

- To understanding the developmental needs of young children relating to mental health
- To identify common psychosomatic syndromes found in young children and discuss its causes
- To explore psychosocial, cultural and economic factors affecting the wellbeing of a growing child in HK
- Based on the young children health development model, use the care-processing sheet to provide a holistic care plan/actions for the case from the PBL scenario.

Environmental Safety for Young Children

Outcome Learning Objectives

Review: Fine and gross motor development of a growing child

- Based on current local news, to identify safety issues of young children in HK
- To discuss kinds/causes of risks to a growing child in relation to the child's development
- To explore current policies to protect children at risk in HK and discuss its effectiveness/ appropriateness
- Based on the child health development model, use the care-processing sheet to provide a holistic care plan/ actions for the PBL case scenario



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Promoting Health Living in Families, Schools and Community

Outcome Learning Objectives

- To explore HK childcare policy relating to the promotion of healthy living for young families
- To define and measure health and quality of life of young children
- To select one particular childcare policy and discuss its effectiveness in the context of promoting healthy living in families, schools and communities
- To explain the relations between young children's quality of life and the children's rights with the context of "health and wellbeing"

Promoting Health Living in Families, Schools and Communities

Outcome Learning Objectives

Review: The Bronfenner's ecological model for human development

- To identify current ecological issues facing young families in a modern/ socio-economical developing society
- To discuss current childcare and educational patterns facing preschool settings
- To list and explain the future roles of child caregivers including preschool teachers in a multicultural modern community
- Based on the child health development model, use the care-processing sheet to provide a holistic care in families, schools and community for the case from the BPL scenario

Children with Special Social Needs

Outcome Learning Objectives

Review: Bronfenner's ecological model for human development
Maslow's hierarchical human needs in relation to mental health of a growing child

- To list young families' social issues in a modern/socio-economic development society (HK and China)
- To explore and discuss a particular social issue (lone parent/newly immigrated parent) facing young families with growing children
- To explain the physical wellbeing of a growing child who may suffer from a particular social need
- Based on the child health development model, use the care-processing sheet to provide a holistic care plan/ actions for the case from the PBL scenario.

Children at Risk

Outcome Learning Objectives

- To explore situations and classify young children who are at risk
- To discuss socio-cultural and economic factors which put children at risk in a modern society
- To describe and identify physical and psycho-social characteristics of young children at risk
- To evaluate the normal procedure of caring for a child at risk
- Based on the childcare model, use the care-processing sheet to provide a holistic care plan/actions for a child from the PBL scenario